

October

2020

Young Scholars Learning Academy

Snack Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	5 AM – Cereal Bar & Milk PM –Cheez-Its & Fruit Snacks	6 AM – Life Cereal & Yogurt PM – Chips & Cheese	7 AM – Graham Crackers & Applesauce PM – Pretzels & String Cheese	8 AM – Belvita Crackers & Mixed Fruit PM – Goldfish & Pineapple	9 AM – Yogurt & Cereal PM – Crackers & String Cheese	10
11	12 AM – Cheerios & Mixed Fruit PM – Carrots w/ Ranch & Crackers	13 AM – Cottage Cheese & Pretzels PM – Veggie Straws & Raisins	14 AM – Life Cereal & Yogurt PM – Pirates Booty & Applesauce	15 AM – Bread & Jelly PM – Goldfish & Bananas	16 AM – Cereal Bar & Milk PM –Cheez-Its & Fruit Snacks	17
18	19 AM – Cereal & Milk PM – Crackers & Cheese	20 AM - Cottage Cheese & Pretzles PM - Pudding & Graham Crackers	21 AM - Cereal Bar & Milk PM - Cheez-Its & Craisins	22 AM – Bagels & Cream Cheese PM – Goldfish & Mixed Fruit	23 AM – Life Cereal & Yogurt PM – Veggie Straws & String Cheese	24
25	26 AM - Cereal Bar & Milk PM - Cheez-Its & Mixed Fruit	27 AM – Bagels & Cream Cheese PM – Club Crackers & Fruit Snacks	28 AM – Life Cereal & Yogurt PM – Veggie Straws & Craisins	29 AM – Cottage Cheese & Pretzels PM – Pudding & Pretzels	30 AM – Bread & Jelly PM – Club Crackers & Fruit Cocktail	31